

Broad Brook Congregational Church

Broad Brook Congregational Church  
United Church of Christ  
122 Main Street, Broad Brook, CT 06016

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Vernon, CT 06066  
Permit #212

March / April 2020

# The Wayside BEACON

March / April 2020



Publication of the  
Broad Brook Congregational Church  
Pastor: Reverend Carol Lewis

volume 110, issue 93

# BBCC Mission Statement



## Our Mission Statement

We are a caring family of God where all people are welcome to share in spiritual growth, guidance, fellowship, and support.

We work together to spread God's love and the words and mission of Jesus Christ to others.

## Broad Brook Congregational Church

122 Main Street  
Broad Brook, CT 06016  
860-623-4547



Broad Brook Congregational Church

Pastor  
Ministers  
Moderator  
Treasurer  
Organist  
Chair, Board of Deacon

Rev. Carol B. Lewis  
All Congregation Members  
Wade Signor  
Robert Cormier  
Dr. James Clark  
Betty Stratton



<http://BroadBrookCongregationalChurch.org/>  
<https://www.facebook.com/BBCongregationalChurch>

**Sunday Worship Services** are held at 10:00 AM.

**Communion** is observed on the first Sunday of each month.

**Church Sunday School** is held from September to June and starts at 10:30 AM after the children and teachers leave the Worship Service.

**Rev. Lewis has office hours** on Wednesdays from 10:00 am to 1:00 pm or by appointment. Calls for the Pastor should be made through the church office at 860-623-4547.

Please email [staff@broadbrookcongregationalchurch.org](mailto:staff@broadbrookcongregationalchurch.org) with announcements or corrections to the weekly Bulletin or the Beacon.

## Important Reminders:

### **Beacon**

Articles and reports due on the 10th of each cycle. Final requests for changes due by the 20th.

Thank you.

**The 2020 Altar flower donation chart is now hanging on the bulletin board in the fellowship hall. There are plenty of Sundays available to sign up for flowers. They are \$22.00 each.**

## *A Message From Rev. Carol Lewis*



This Lenten season we will be “Entering the Passion.”

The following is a week by week scripture and synopsis of what will be happening at BBCC leading up to Easter. Join us if you can and if you can't enjoy reading the scriptures and reading the things we might be thinking about.

The events of Christ's Passion, which take place during the last week of Jesus' life, often don't receive enough time in our worship and study. These stories are important to our faith journey and our identity as followers of Jesus. And yet we often move too quickly from Palm Sunday to Easter Sunday with little time to take in the dramatic story of that last week. Throughout the six weeks of Lent we will “freeze-frame” moments in Holy Week so we might put ourselves in the picture, thereby “Entering the Passion of Jesus.” How might taking a closer look at the ancient story open us to deeper conviction for our role in its ongoing message? Inspired by Amy-Jill Levine's book by the same name.

Week 1: The Parade: Risking Reputation: Matthew 21:7-9

Jesus' ride into Jerusalem at the beginning of Holy Week was full of risk. Rather than a nice impromptu celebration, it can be seen for the carefully planned and significantly symbolic event that would rub those in power the wrong way. In a moment already filled with tension, this “victory parade” had many implications, and as we know, many consequences. We will stop the action just at the beginning of the parade to take stock of all the players, including the role the city itself plays full of pilgrims for the Passover.

Week 2 — The Temple: Risking Righteous Anger: Mark 11:15-17

Jesus' response to a visit to the Temple in the midst of this busy, noisy, Passover "tourist season" is utter frustration turned to anger. With so much at stake, "business-as-usual" seems obscene. This can be true for us today. The banality of our everyday lives sometimes seems ludicrous in the face of such suffering around the world. But taking a moment inside the scene where Jesus is overturning tables in this "house of prayer for all nations" can offer us a way to see what we actually might do to reassess our own actions and make our own corner of the world (our "temples") a more welcoming place for all people.

Week 3 — The Teaching: Risking Challenge: Matthew 22:18-21

That last week, Jesus doesn't "lay low." He puts himself out there, susceptible to those who want to trap him, twist his words, get him to say something damning. He cannot turn from his vocation—he is not only a master teacher, but prophet and voice of the Divine. It is his ability to draw the people to his teachings that pose a threat, a challenge, to the authorities. We place ourselves in the crowd this week, to be moved and motivated by Jesus for our lives—to get a faithful perspective. What would we have seen, heard and felt? What do we do now?

Week 4 — The First Dinner: Risking Rejection: Mark 14:3-7

Besides the Last Supper, Holy Week contains another important story that happens at dinner. Earlier in the week, Jesus and his followers gather for a meal, and a woman shows up unexpectedly to anoint Jesus in an extravagant show of devotion. To say she caused quite a "stir" might be understating it a bit.

## Important Reminders:



### **It is not too Late!**

If you have not turned in your **pledge card** or need a pledge card there are cards on the table in the narthex and the table in the fellowship hall. Please see Bill Stratton if you would like envelopes only for your weekly offering. Thank you.

### PLEDGE CARDS AND ENVELOPES

PLEDGE ENVELOPES FOR 2020 ARE NOW AVAILABLE FOR THOSE WHO HAVE PLEDGED TO BROAD BROOK CONG'L CHURCH. THEY WILL BE ON THE TABLE IN THE NARTHEX. AFTER DEC 15th. EXTRA PLEDGE CARDS ARE ON THE TABLE IN THE NARTHEX AND ON THE TABLE IN THE FELLOWSHIP HALL. ANYONE WHO DID NOT PLEDGE AND WOULD LIKE OFFERING ENVELOPES ONLY. PLEASE SEE BILL STRATTON. ANYONE WHO WOULD LIKE A RECORD OF THEIR 2019 DONATIONS TO BROAD BROOK CONG'L CHURCH, PLEASE SEE BILL STRATTON.





Holy Week “First Dinner” Service — “In Remembrance of Her: Gratitude for Those who Care for Our Community”

This is an evening of honoring unsung people whose stories are not often recognized. It is prompted by Jesus’ mandate to remember the woman who anointed him with oil—an act of care, generosity, and preparation. Caregivers, first responders, fire and police personnel, health care professionals, hospice workers, and any in our community that quietly care for others are the focus of this dinner and ritual of gratitude that will take place one night in the beginning of Holy Week.

Holy Week “Last Supper” Service — “In Remembrance of Me”

We will journey through the whole of the six scenarios we have visited during the six weeks of Lent: The Parade, The Temple, The Teachings, The First Supper, The Last Supper, and The Garden. Then we will move to The Cross to reside there, taking in the sorrows of this moment, our own sorrow, and the sorrows of the world. Having entered into the Passion, how will we respond?

Blessings,  
Pastor Carol



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 860-432-8900



**FROM THE BOARD OF DEACONS**  
 - Betty Stratton, Chair of the Board of Deacons

- Betty Stratton

Looking forward to the Lenten services at Broad Brook Congregational Church for 2020. Rev. Carol and the Deacons have new plans for the for the Lenten services in 2020. It is a 6-week story of Jesus's Passion, starting with Ash Wednesday. The children will be taking part in some of the worship services. **Come and worship with us during this Lenten Season. Join us on a journey through the 6 weeks of Lent as we delve into the stories of Holy week. By taking a closer look at important moments in Holy Week "we might put ourselves in the picture, thereby "Entering the Passion of Christ.** How might taking a closer look at the ancient story open us to a deeper conviction for our role in its ongoing message?" Won't you please join us?

**Ash Wednesday Worship Service will be held on Feb. 26 @ 7 pm.**

**Maundy Thursday worship service will be held at 7 pm.** There will be Communion symbolizing Jesus and the disciples as they celebrated the last supper.

**Easter Sunday on April 12 our worship service will be held at 10:00am.** An Easter basket will be given to each child attending.

Broad Brook Congregational members and friends have begun to meet during coffee hour for a "2020 chit chat" (a 30- minute conversation for the 2020 visions of Broad Brook Congregatinal Church.) around a table in the fellowship hall the 2<sup>nd</sup> and 4<sup>th</sup> Sunday of each month. Various topics can be discussed. All are welcome.



The Sunday School has been busy learning about Jesus with emphasis on the Sermon on the

Mount. We talked about the Baptism of Jesus, the Beatitudes, What Would Jesus Do, Love for Enemies, Prayer, Fasting, Treasures, and Worry. We finished the season of Epiphany by helping prepare the Pancake breakfast on February 23, 2020.

The season of Lent starts on Ash Wednesday, February 26, 2020. The children are invited to attend the Ash Wednesday worship service during which the church will start a Lenten worship program called "Entering the Passion of Jesus". The children will join the congregation during Lent, helping to read scripture and act out the story. Each Sunday in Lent, we will focus on events from Holy Week.

Each year the children plan a mission's project to occur during Lent. This year, the children want to serve desserts one night at Pauline's Stockpot Kitchen, a community soup kitchen in town. They are also collecting needed items for the homeless in our area. They will collect items each week of Lent to go along with the weekly worship theme as listed on the next page.

76 Prospect Street  
Rockville-Vernon, CT 06066  
Phone: (860) 875-5490  
Fax: (860) 872-8200  
Email: [pietrasfhs@att.net](mailto:pietrasfhs@att.net)

**Volunteers for BBCC always welcome!**

**We can use a hand with:**

- **Food pantry donations/collection**
- **Refreshments after church service**
- **Prep and clean up for fundraisers**
- **Lay readers and greeters**
- **And more**



## Sunday School

(Continued)

Building Maintenance	\$
Music Committee	\$
Kitchen & Cleaning Supplies	\$
Office Supplies	\$
Sunday School	\$
Coffee Hour	\$
Historian	\$
Deacon Wish List	\$
Discretionary Fund	\$
Other (Please Specify)	\$
<b>Total Amount of Donation</b>	<b>\$</b>

Check payable to Broad Brook Congregational Church:

Name: \_\_\_\_\_

Phone #: \_\_\_\_\_

Reason for Donation: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Drop in collection plate or mail to:

Board of Trustees

Broad Brook Congregational Church

PO Box 466

Broad Brook, CT 06016



- Lent Week One: Parade– gently used coats, warm clothing and blankets
- Lent Week Two: Temple– non-perishable foods/ snacks
- Lent Week Three: Teaching– donations to “The Be Homeful Project”
- Lent Week Four: First Dinner– hand wipes/ personal self-care products
- Lent Week Five: The Last Supper– socks/gently used boots and shoes
- Lent Week Six: In the Garden– Flashlights and batteries

Easter Sunday will be on April 12, 2020. We hope to have Easter Basket surprises for the children.

## Missions Committee

The Missions Committee continues to support the 5 Corner Cupboard with food collections and monthly monetary donations from the congregation. Any donations are highly appreciated.

The Missions Committee will be meeting soon to plan for our 2020 Missions Giving and special projects. If you would like the church to support a worthy project or organization, please let the minister or a member of the committee know. (Linda York, Carol Lewis, Debbie Signor, and Katherine Mickens.) We are always looking for new ideas for local, state, national and international projects.

The Missions Committee supports the children in their Lenten Mission project. Please help the children collect the following items for the homeless in our area. They will collect items each week of Lent to go along with the weekly worship theme as listed below.

- Lent Week One: Parade– gently used coats, warm clothing and blankets
- Lent Week Two: Temple– non-perishable foods/ snacks
- Lent Week Three: Teaching– donations to “The Be Homeful Project”
- Lent Week Four: First Dinner– hand wipes/ personal self-care products
- Lent Week Five: The Last Supper– socks/gently used boots and shoes
- Lent Week Six: In the Garden– Flashlights and batteries

The Missions committee thanks everyone for their generosity in helping others.

## Encounter God’s Love in Creation Come to Camp!



“The perfect combination of fun, faith, friendship, and acceptance.”  
— 2019 8th grader

### SUMMER 2020 CONFERENCE DATES:

Pioneer: June 21-27  
Week 1: June 28-July 4  
Week 2: July 5-11  
Week 3: July 12-18  
Week 4: July 19-25  
Week 5: July 26-Aug. 1  
Week 6: Aug. 2-8  
Week 7: Aug. 9-15

### Registration Opens January 15th!

**Save \$50!** Register by Jan. 31 and use the code EARLY20 at checkout.



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Summer Camp for grades 4 through 12; register online at

# silverlakeect.org

Friendship

Leadership

Community

Deepening of Faith

# Hymnals Order Form



**Thanks to**

**Broad Brook  
Gardens  
for our wonderful  
flower  
arrangements**



## ← **Ways and Means** →

The committee has not met as of this writing to confirm some possible fundraising events for 2020. There are some ideas that has been brought to mind to possibly set some dates for the near future. Because our last Beacon was postponed then mailed so late in January, not much has happened to report on. With the new year under way, we pray that everyone stays healthier this year so we may move forward. Some dates may be set before our next issue of the Beacon so check out our website from time to time to see what's new or happening. We will post a schedule of events once the dates are set. We look forward to working together for the benefit of BBCC and our community as our fundraising helps support our Missions Committee work supporting community programs. In the meantime, consider contributing to any of our cut-a-coupon categories as any contribution is very much appreciated and welcomed. Not on the coupon page as it's own category is our monthly collection for the towns Food Pantry, feel free to help us support the pantry by writing in your selection to where you would like your donation to go. In addition to the monetary funds we raise, we collect non-perishable food and personal non food items all month long.

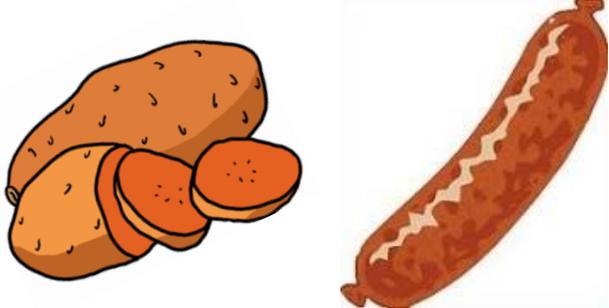
BBCC started to support a new worthy cause just before Christmas and will continue to support it going forward. The cause is called "*be homeful*" under the direction of the Connecticut Coalition to End Homelessness. This worthy cause is to help PREVENT homelessness for families that are in a dire situation that may cause them to lose their homes with the possibility of not having any where else to go but to live out of their car, on the streets or in a shelter if they can find one. A copy of the brochure can be found in this issue of the Beacon.

If anyone ever has any questions in regards to fundraising or anything our church participates in, feel free to contact us through our church website. The address to use is [staff@broadbrookcongregationalchurch.org](mailto:staff@broadbrookcongregationalchurch.org). Contacting us via the website is quicker than the BBCC phone message machine since the phone is not monitored daily.

# Debbie's Kitchen Corner



Still on a health kick here in our recipe section. With so many different diets out there, my focus was to find something healthy that is good for most diets. I also chose a different meal as we tend to forget breakfast recipes. During the week we tend to not have the time to cook up something different, so try this one on a weekend when you have more time. Breakfast casseroles make a hearty meal any time of the day, but many rely on bad-for-you hash browns or bread cubes to bulk up the egg mixture. I found this recipe off of my health insurance "Rally" website. Because I love eggs, sausage (of any kind) and a big fan of one-dish meals, I just had to try this one. The bonus here is that it makes for great leftovers when you don't have the time to cook up something special during the week. You need to be careful with portion control however for this recipe to be just right for you. In general, we all tend to not pay attention to portion size when eating our meals. If following a diet, divvy up the finished meal into 8 equal portions first. In this Roasted Sweet Potato and Sausage Breakfast Casserole, white potatoes are swapped for more nutrient-dense sweet potatoes. By roasting the casserole, it caramelizes the natural sugars in the sweet potatoes and ensures that they're tender. Adding a vegetable like spinach means fewer unhealthy carbs and we get in some good-for-you leafy greens. The turkey sausage and cheese adds much needed protein for our muscles. So don't pass on trying this recipe.



Selma Grant	4th
Cyndi LaCross	4th
Debbie Signor	9th
Chelsea Morin	12th
Michael Savoie	22nd
Katelyn Curran	24th
Joseph Bonelli	25th
Patricia Savoie	28th
Amanda DiMauro	29th
Dylan Brown	31st



Carol Ballard	2nd
Victoria Sweet	4th
Patricia Harlan	5th
Nancy Nodwell	5th
Connie Cormier	9th
Katherine Mickens	9th
Soareena Reel-Skinner	12th
Waylon Siekiera	14th
Avery Jones	17th
Chelsea Marquis	18th
Lyndsie Brown	20th
Kristy (Signor) Easton	20th



**Join us for 20 20 Chit Chat**

**After worship service @ 11:20 am**

**In the Fellowship Hall**

**Every 2nd and 4th Sunday**



**Loving and respectful discussions of how we spread God's love and words into 2020 and beyond.**

**What do you see for the future? What's your 2020 vision for BBCC?**



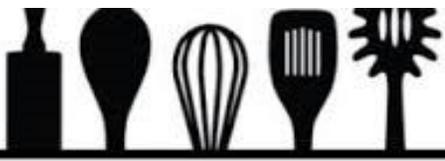
## **Roasted Sweet Potato & Sausage Breakfast Casserole**

### **INGREDIENTS**

- 1 (1-lb.) sweet potato, peeled and cut into  $\frac{3}{4}$ -inch cubes (about 3 to 3½ cups)
- 2 tsp. olive oil
- $\frac{1}{2}$  tsp. kosher salt, divided
- $\frac{1}{4}$  tsp. garlic powder
- 8 oz. mild Italian turkey bulk sausage
- 1 onion, diced
- 4 cups coarsely torn baby spinach
- 9 large eggs
- $\frac{1}{4}$  cup 1% or low-fat milk (I used Almond milk)
- $\frac{1}{2}$  cup shredded sharp cheddar cheese
- cup grated Parmesan cheese

### **INSTRUCTIONS**

1. Preheat oven to 425 degrees. Line a baking sheet with foil; lightly coat foil with cooking spray.
2. Toss sweet potatoes with olive oil,  $\frac{1}{4}$  tsp. salt and garlic powder. Arrange over prepared baking sheet. Bake at 425 degrees for 20 minutes, stirring halfway during cooking. When potatoes are done, reduce oven to 375 degrees.
3. While potatoes bake, place a nonstick skillet over medium heat. Add sausage, stirring to crumble, cooking 5 minutes or until no longer pink. Remove sausage from skillet to drain, reserving drippings in pan. Add onion to pan drippings. Cook 5 minutes, stirring frequently, or until tender. Add spinach, cooking 1 minute or just until wilted.



4. Combine eggs, milk, and remaining  $\frac{1}{4}$  tsp. salt in a large bowl, whisking to combine. Add drained sausage, sweet potatoes, onions and spinach, and half of each cheese, stirring gently to combine. Lightly coat a 13-by-9-inch baking dish with cooking spray. Pour egg mixture into prepared dish. Sprinkle with remaining cheese.
5. Bake at 375 degrees for 20 to 25 minutes or until set in middle.

**NUTRITION FACTS:** Serves 8.

Calories 232; total fat 13g (saturated fat 5g); cholesterol 240mg; sodium 536mg; total carbs 12g (dietary fiber 2g, total sugars 3g, added sugars 0g); protein 16g.

(PS: For those of you that are on the WW blue plan, this recipe counts as 5 pts)



# Sunday, March 8th

## @ 2 AM



Tell us how you did; post your results on our facebook page!  
<https://www.facebook.com/BBCongregationalChurch>

# ALTAR FLOWER DEDICATION FORM

Name \_\_\_\_\_

Dedication (in memory or honor of):  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Date for when flowers are to be  
dedicated:  
\_\_\_\_\_

Please give this form to Betty Stratton. Payment can be made via check to: Broad Brook Congregational Church or via paypal: [staff@broadbrookcongregationalchurch.org](mailto:staff@broadbrookcongregationalchurch.org)



## Easter plant order form

This year there will be Easter Lilies, Tulips and Daffodils decorating our pulpit.

**Please use a separate form for each plant and CIRCLE which plant you wish to order:**



**Easter lily, Tulip, Daffodil.**

Given by: \_\_\_\_\_

In Memory of: \_\_\_\_\_

Or

In Honor of: \_\_\_\_\_

I will take the plant after the Easter Morning Worship Service:

Yes

NO

Please donate the plant to a home pound member:

YES

NO

Each plant is \$13.00. Cash or a check made out to Broad Brook Congregational Church.

Return to Betty Stratton or Joyce Bonelli by March 29.





**Join us for the  
Season of Lent  
February 26th– April 9th**



**CALENDAR**

**MARCH:**

1- Communion

First Sunday in Lent

Pulpit stripped of brass

8-2020 Chitchat discussion @ 11:20 am

22-2020 chitchat discussion @ 11:20am

29- Council Meeting at 11:30 am

**APRIL**

5- Communion

Palm Sunday

9- Maundy Thursday

Service @ 7 pm

10- Good Friday

**12- Easter– Easter service 10 am**

26- 2020 chitchat @ 11:20 am



## the *be homeful* project

### **About the *be homeful* project**

Connecticut Coalition to End Homelessness started the *be homeful* project to respond to the lack of funds available to help families at the front door of shelter. The primary goal of this project is to raise emergency funds that case workers assisting clients referred by 2-1-1 can access to assist with one-time expenses that will be the difference between whether a family enters the shelter system or is able to remain housed. CCEH is fortunate to be partnered with the children's book character Paddington, who is helping raise awareness about the impact homelessness has on young children and engage kids, families, and communities in lending a hand to families facing homelessness.

